

## Press Release: Mother's Day 10 K @ Mt. Tabor Park

- Date:** May 9th, 2010
- What:** 10k run, 5K walk (stroller friendly loop) and a 1/4 mile Kids Fun Run.  
This is a non-timed event.
- Time:** 9:30 AM Kids Fun Run  
10:00 AM Run Mama Run (10K run/5K walk)
- Where:** Mt. Tabor Park, Portland, OR (Picnic Area "A" near the amphitheater)
- Cost:** \$45.00 (includes coffee & a light breakfast, childcare & craft activities for the kids, a Dry-Fit Athletic T-shirt for mom, entry in a raffle for prizes which include gourmet food, clothes, hair cuts, salon prizes & spa treatments).

**DETAILS:** The 2nd annual **Run Mama Run** is a celebration of mothers and motherhood sponsored by **Adoption Mosaic**—a Portland based non-profit founded in 2005 to raise awareness, provide information and offers support to the growing adoption community in Portland.

"Everyone has a mother," says the co-Founder of **Adoption Mosaic**, Astrid Dabbeni who is also an adoptee from Colombia. "Come out and show your support for mom, get some exercise and enjoy the views of our beautiful city from Mt. Tabor." Dabbeni says the event is for the whole family—kids, spouses, grandparents and of course, mothers.

Local businesses affiliated with **Run Mama Run**: *Capital Pacific Bank, Nike, Metro Parent, Title Nine, Baby Boot Camp, Petite Provence, Zenana Spa, Ruby Jewel, Run like a Mother, The Academy Theater, Dave's Killer Bread, La Couronne Chocolate, Espresso Giuseppe, Cardinal Coffee, Slappy Cakes, Gigi Espresso and Snack Bar, Black Wagon, Mother's Bistro.*

Contact Information: [www.adoptionmosaic.com](http://www.adoptionmosaic.com), [http://www.adoptionmosaic.org/?page\\_id=103](http://www.adoptionmosaic.org/?page_id=103)  
Astrid Dabbeni @ 971.533.0102 Dabbeni is available for interviews, as are board members from **Adoption Mosaic**.

**BACKGROUND ON ADOPTION:** It's believed 60% of the American population is impacted by adoption—directly or indirectly. Half a million women in the U.S. seek to adopt. It's estimated between 125,000 & 150,000 children are adopted in the U.S. each year and that more than six million adoptees live in the U.S. at this time. (Evan B. Donaldson Adoption Institute for research).

According to national stats, an estimated 360,000 people in Portland are impacted by adoption—directly or indirectly.

**NOTE:** *Adoption Mosaic is not affiliated with any adoption organizations or churches and does not participate in the placement of children.*

